

**LEARN** about the presentations

**EXPLORE** school benefits

**READ** success stories

**GET** the program

[www.youcanschoolprogram.com](http://www.youcanschoolprogram.com)

## Learn About the Presentations

The **YOU CAN School Program** is an award-winning **free** public service offered by the Army National Guard. Delivered in classroom settings, our 34 dynamic presentations make effective use of video, music, and graphics, and introduce students to necessary life skills in order to let them know that they can have successful futures and accomplish great things.

The **highly motivational presentations** will help students believe that they can shape their futures—and make them want to do so. Our goal is neither to tell students "everything there is to know" about a topic, nor to give them a "broad-brush" understanding of the subject. Rather our goal is to **give students an essential skill or a shift in their thinking**, which helps them make wise decisions—right now and throughout their lives.

The Army National Guard is excited about these presentations and what they have to offer students, schools, and the community. A demonstration of the materials and the audio/visual complements will show you why the Guard has put so much time and effort into this program and why it's something we think will be a benefit to all.

The program is flexible to suit your needs and it contains 30 presentations grouped thematically using a color-coded system that combines similar topic areas:

- **Health & Social Well-Being** presentations provide clear explanations and down-to-earth suggestions for staying safe and healthy, and learning how to get along with others.
- The **Life Betterment** category includes presentations that give students practical tips and suggestions for developing life skills that they can use now and that they will need after graduation.
- **Discovery** presentations help students understand the American identity, and figure out how Americans relate to the rest of the world.
- The **Disaster Preparedness** series show students what they can do to stay safe when disasters occur.

HEALTH & SOCIAL WELL-BEING	LIFE BETTERMENT	DISCOVERY	DISASTER PREPAREDNESS
<ul style="list-style-type: none"> <li>• School Violence Prevention</li> <li>• Conflict Resolution</li> <li>• Drugs &amp; Alcohol</li> <li>• Communication</li> <li>• Diversity</li> <li>• Diversity II</li> <li>• Physical Fitness</li> <li>• Health &amp; Nutrition Awareness</li> </ul>	<ul style="list-style-type: none"> <li>• Leadership</li> <li>• Leadership II</li> <li>• Problem Solving</li> <li>• Goal Setting</li> <li>• Life-Long Learning</li> <li>• Paying for College</li> <li>• Budgeting Basics</li> <li>• Study Techniques</li> <li>• Memory Power</li> <li>• FAFSA</li> <li>• (Free Application for Federal Student Aid)</li> </ul>	<ul style="list-style-type: none"> <li>• American Flag</li> <li>• American Flag II</li> <li>• Freedom</li> <li>• Patriotism</li> <li>• Historic American Documents</li> <li>• National Security Awareness</li> <li>• National Guard</li> <li>• National Guard II</li> <li>• Map Reading</li> <li>• ASVAB Interpretation</li> </ul>	<ul style="list-style-type: none"> <li>• Tornadoes</li> <li>• Floods</li> <li>• Hurricanes</li> <li>• Earthquakes</li> </ul>

## Explore School Benefits

Your school can benefit from the **YOU CAN School Program**. It's a great opportunity for schools to receive a valuable public service—**for free!**

# EDUCATORS

INSPIRE YOUR STUDENTS TO TAKE CHARGE OF THEIR LIVES

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## *The You Can School Program provides:*

### *Free Mandated Information*

- ❖ Many schools are required to provide presentations on certain topics, such as conflict resolution, violence prevention, drugs and alcohol, and disaster preparedness. Often schools must pay contractors to provide this information. The **YOU CAN** School Program puts a **certified presenter** in your classrooms **for free**.

### *Professional, Certified Presenters*

- ❖ National Guard Presenters go through a **certification process** to learn to present the YOU CAN program. The presenters bring their own audio-visual equipment and support materials. Each presentation is approximately 45 minutes long and is personalized and localized to be **interesting and relevant** to your students. The tone is informal--these aren't lectures, they're **conversations**. The presenters are real, friendly people who can connect with today's teenagers.

### *Life Skills and Survival Tools for Bright Futures*

- ❖ Many students need information for dealing with difficult situations and tough life choices. The **YOU CAN** School Program gives students **clear, simple messages** and **concrete steps** they can use to solve their own problems and take control of their lives. Some students never realize that they **CAN** afford to go to college, that they **CAN** avoid violence, that they **CAN** be leaders. The **YOU CAN** School Program provides **positive role models** who send clear messages that students can take control of their futures.

### *How can you get the program in your school?*

To arrange for **YOU CAN** presentations in your school, use the **"Get the Program"** form. A New York National Guard representative will contact you to schedule a presentation for your class. He or she can also give a demonstration for your faculty.

### *How do you use the YOU CAN School Program?*

The Program is flexible, to suit your needs. There are 34 presentations divided into four series that group related themes (go to **"Learn About the Presentations"** on our website for more about each topic):

- Blue** **Health & Social Well-Being: For Current Events, Life Skills, Health, and Speech classes**
- Gold** **Life Betterment: Integrate these with your English and Business curricula**
- Green** **Discovery: Great for History, Civics, and Geography classes**
- Red** **Disaster Preparedness: A natural for Science classes**

The Program is designed so that each presentation is a **stand-alone piece** that can be given in one class period. Or, you can schedule a series of related presentations back to back or over a series of days or week. The program is **flexible, up-to-date, and student-savvy**.